



CARIBBEAN DINGHY CHAMPIONSHIPS

Sanctioned by the Caribbean Sailing Association

SAILING INSTRUCTIONS

Organising Authorities

ANTIGUA YACHT CLUB and NATIONAL SAILING ACADEMY

October 18 – 20, 2019

1. RULES

1.1 All races shall be sailed under the 2017-2020 Racing Rules of Sailing, the prescriptions of the Race Committee and these Sailing Instructions. The Laser and Laser Radial races shall be subject to the Rules of the International Laser Class; the RS Feva races shall be subject to the RS Feva class rules; The Optimist races shall be subject to the Optimist class rules.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board located at Antigua Yacht Club.

3. CHANGES TO SAILING INSTRUCTIONS

3.1 Any changes to these Sailing Instructions will be posted on the official notice board at least one (1) hour before the start of the first race on each day of racing.

4. SCHEDULE OF RACES

4.1 Races are scheduled as follows:

- Friday, October 18– First race will not start before 9:30 am.
- Saturday, October 19 – First race will not start before 9:30 am.

- Sunday, October 20 – First race will not start before 9:30 am. No races will be started after 12:00 pm.

Any changes to this schedule will be posted as an amendment to these Sailing Instructions in accordance with SI 3.1 above.

4.2 There will be a maximum of fifteen (15) races scheduled over three (3) days.

5. CLASS FLAGS AND ORDER OF STARTS

5.1 Class flags and the order of starts for the first race on each day of racing shall be:

Class	Flag
Optimist	white flag with Optimist logo
Laser and Laser Radial	green flag
RS Feva	yellow flag

6. RACING AREA

6.1 The racing area shall be in Falmouth Harbour, Antigua.

7. COURSES

7.1 The instructions for the courses are in Addendum A, including the order in which the marks shall be passed. The Course for each race shall be clearly posted by the Race Committee.

7.2 The start and finish lines shall not be crossed unless starting or finishing.

8. MARKS

8.1 The marks shall be as follows:

- Mark 1A Yellow Buoy
- Mark 1 Red Buoy
- Mark 2 Red Buoy
- Mark 3 Red Buoy
- Mark 4 Red Buoy
- Mark 5 Yellow Buoy

8.2 The approximate location of the marks shall be as illustrated in Addendum A.

9. THE START

9.1 Races shall be started as follows: three (3) minutes sequence which changes Rule 26.

9.2 The start shall be between an orange flag on the Committee Boat and an orange buoy to its port. An inner spacer buoy may be a white fender. The spacer buoy, if used, is an extension of the Committee Boat.

10. THE FINISH

10.1 The finish shall be between a blue flag staff on the Committee Boat and an orange/ pinkish buoy to its starboard.

11. PENALTY SYSTEM

11.1 The penalty for breaking a rule is as follows: RRS 44.1 applies for breaking a rule of Part 2 and is a two-turns penalty, except for the Feva Class which changes RRS 44.1 so that the Two-Turns Penalty is replaced by a One-Turn Penalty.

11.2 RRS Appendix P will apply. RRS P2 is changed by deleting RRS P2.2 and P2.3. RRS P2.1 will apply to all Appendix P penalties. Umpires shall be monitoring on-the-water activity to ensure fair competition.

12. TIME LIMIT

12.1 The time limit for the first boat in each class to finish a race shall be forty (40) minutes. Boats failing to finish within ten (10) minutes after the first boat in its class finishes shall be scored 'Did Not Finish' (DNF).

13. PROTESTS

13.1 A boat that intends to protest shall display a red protest flag until she is no longer racing and the Race Committee shall be informed as soon as possible thereafter that a protest will be lodged. This changes Rule 61.

13.2 Protest forms will be available at Antigua Yacht Club. Protests shall be delivered to the Race Committee office within thirty (30) minutes after the Committee Boat docks.

14. SCORING

14.1 The Low Point Scoring System of Appendix A will apply.

14.2 One (1) race is required to be completed to constitute a series.

14.3 A maximum of fifteen (15) races are planned for each class. When fewer than five (5) races have been completed, a boat's series score shall be the total of her race scores. When

ten (10) or more races have been completed, a boat's series score shall be the total of her race scores excluding her two (2) worst score.

15. SAFETY

- 15.1 A boat that retires from a race shall notify the Race Committee as soon as possible.
- 15.2 A Personal Flotation Device (PFD) must be worn at all times by all competitors.

16. REPLACEMENT OF CREW OR EQUIPMENT

- 16.1 Substitution of competitors will not be allowed without the prior approval of the Race Committee.
- 16.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.
- 16.3 Addendum B shall apply.

17. PRIZES

- 17.1 Prizes will be awarded to 1st, 2nd and 3rd place finishers in each class.
- 17.2 The CSA Dinghy Championship Trophy will be awarded to the nation with the lowest combined rank from each of the four (4) classes .

18. DISCLAIMER OF LIABILITY

- 18.1 Competitors participate in this regatta entirely at their own risk – see Rule 4, Decision to Race. The Antigua Yacht Club, the National Sailing Academy and the Race Committee will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.

ADDENDUM A THE COURSES

All marks shall be rounded to port.

Optimist:

The courses for the Optimist class shall be either Trapezoid O2 OR Inner 2:

Trapezoid O2: Start, Mark 1, Mark 2, Mark 3, Mark 2 Mark 3, Mark 4, Finish.

Inner 2: Start, Mark 1, Mark 5, Mark 1, Mark 2, Mark 3, Mark 4, Finish.

Laser and Laser Radial

The course for the Laser, Laser Radial shall be either Trapezoid O3 OR Inner 3:

Trapezoid O3: Start, Mark 1A, Mark 2, Mark 3, Mark 2, Mark 3, Mark 2, Mark 3, Mark 4, Finish.

Inner 3: Start, Mark 1A, Mark 5, Mark 1A, Mark 5, Mark 1A, Mark 2, Mark 3, Mark 4, Finish.

Feva

The course for the RS Feva shall be either Trapezoid Inner 2 OR Outer 2

Trapezoid Inner 2: Start, 1A, Mark 5, Mark 1A, Mark 2, Mark 3 Mark 4, Finish.

Outer 2: Start, Mark 1A, Mark2, Mark 3, Mark 2, Mark 3, Mark 4, Finish

ADDENDUM A: MARKS

Outer Loop : - - - - -

Inner Loop : _____

